

JOIN OUR TEAM OF INSPIRING MENTORS

Are you passionate about making a difference and helping others grow? EFH's TTS Mentor Program is looking for individuals to connect with and assist parents in their journey towards personal and professional growth. As a mentor, you will have the opportunity to share your experiences, provide guidance, and contribute to the development of strong, resilient families.

Qualifications:

Experience with Personal Challenges: Ideally, you have navigated significant personal challenges, like addiction and recovery, with at least 4 years of sobriety or have some knowledge of addiction and its impacts.

Mentorship Experience: Previous experience as a mentor or mentee is a plus. We value your insights and practical knowledge gained through past mentorship roles.

Expertise in Key Areas: Proficiency in one or more of the following areas:

- Personal finance (budgeting, debt management, self-regulation)
- ·Time management and daily structure
- ·Career advancement (job applications, resume writing, interviewing)
- Basic life skills (self-care, exercise, journaling)
- Parenting skills (child discipline, parent-child communication)

If you are ready to make a meaningful difference and be a guiding light for parents striving for a better future, we invite you to join EFH's TTS Mentor Program. Complete a volunteer application along with the volunteer orientation. We will be holding monthly zoom meetings to support you with any questions or concerns that might arise with being a mentor.

Together, we can create a supportive community where everyone can thrive.