

# DRI *in the* TRI

Connecting  
Community  
to Recovery

FALL 2025

IN HIS OWN WORDS: CHRISTOPHER WRIGHT

## It All Seems So Possible Now

Advocates for Local Care:  
The Benton Franklin  
Recovery Coalition

PLUS...

Local Events & Groups  
Alcohol-Free Recipes  
*and more!*



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**Cora, The Heart And Mascot  
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- Played by Christine, Cora is pictured  
here loading supplies for families in need.**



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**SUBARU.**

# DRI *in the* TRI

*In this issue...*

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# Editor's Note

## CONNECTING COMMUNITY TO RECOVERY

When we began dreaming about this magazine, it wasn't just about creating pages filled with stories and resources. It was about creating a safe, welcoming space—where people in our community could feel seen, understood, and inspired.

Recovery isn't just a word to us. It's a journey. It's a lifeline. And for many of us in the Tri-Cities, it's personal.

I've seen firsthand the courage it takes to face addiction, the strength it takes to rebuild, and the beauty that comes from a second chance. But I've also seen how isolating it can feel—how hard it is to find your footing, your people, and your hope.

That's why *Dri in the Tri* was born.

We're here to connect the dots—to shine a light on the people, programs, and possibilities that make recovery real and reachable in our own backyard. Whether you're just starting out, walking beside someone you love, or years into your healing, I hope this magazine gives you something meaningful: hope, information, connection, and a reminder that you are not alone.

You'll find stories from people who've been there. Resources that might just open a door. Encouragement to keep going. And most of all, a reflection of the powerful truth: recovery lives here.

Thank you for letting us be part of your journey. We're honored to walk with you.



With love and gratitude,

*Lisa*

Lisa M. Godwin, Editor  
*Dri in the Tri*  
Tri-Cities, Washington

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**OUR MISSION** Connecting Community to Recovery – One Story at a Time

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# Fun & Games

## WORD SEARCH: STEPS TO RECOVERY

Y S S G K G R Z F I W T X K I S L V A H P S X L  
L E X P K X N A N P L J A I T X G V D A O T T S  
M C G Q F Y G V G D Q W I X T A U A M S L W N E  
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G P O O O C V T G T E U P Y V T E R Z M T G O E  
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X C E U K P T L F G B B E Z M O B B A B S Q C E  
E P O H S T W K A Q U O R L O O D U V H B P V B  
H C H I H Q S O B E R C E Y W C D P Z I G M K F  
R T V B M I U E X T R G S H A L T S C Q N A X I  
I C O N F I D E H T G N E R T S Q D C E C I M N

- |                                       |                                    |                                   |                                  |
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| <input type="checkbox"/> consequences | <input type="checkbox"/> awakening | <input type="checkbox"/> humility | <input type="checkbox"/> share   |
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Pacific Edge delivers enterprise-level technology services for organizations without an internal IT department. From hands-on technical support to compliance alignment, we provide the expertise you need to keep your business running smoothly. Our relationship-driven approach ensures you receive personalized service that feels like an extension of your own team.



Pg Long has roots that span 50+ years offering full service flooring solutions including floor covering and even floor cleaning. Our passionate team strives to offer innovative solutions and superior customer service. For all of your flooring needs, we are here when you need us!



Join the competition! Players take 5 shots at 3 spots (15 total shots), with the last shot at each spot earning extra points as the "Money Ball"—the player with the most points wins! All proceeds from the event to benefit Elijah Family Homes.

**SATURDAY, SEPT. 6th**  
**STARTS: 11:00 AM | ENDS: 3:00 PM**  
**JOHN DAM PLAZA**  
**TITLEONEGO.COM/HOTSHOT**



Free T-Shirt for First 50 Sign-Ups!

**Thank You Event Sponsors:**






IMPLANT AND WISDOM TEETH SPECIALISTS



# Community Spotlight



The Benton Franklin Recovery Coalition is dedicated to increasing opportunities for treatment and recovery services for substance use disorder and mental illness, and to removing barriers to such treatment. It is all-local to the Tri-Cities area, and all-volunteer. Its Board of Directors and officers take no salaries, fees or other compensation for their work, and most have lived in the Tri-Cities area more than 30 years. Their passion lies in improving our local area.

The Benton Franklin Recovery Coalition is a non-profit, benefit organization chartered under section 501(c)3 of the Internal Revenue Code.

The Benton Franklin Recovery Coalition was founded on a summer day in 2018 on the Richland back porch of Michele Gerber. Michele had lost her son to drug addiction after struggling to help him overcome his addiction for more than 20 years. During that long struggle, Michele joined local support groups for family members dealing with addicted loved ones, and it was a small group of friends from a support group who sat together and decided to try to address some of the barriers they had experienced. All agreed that local access to drug treatment, and treatment for the closely aligned manifestations of mental illness, would help tremendously.

Up to that point, and still today, the Tri-Cities had no inpatient, residential treatment for Substance Use Disorder (SUD – drug addiction), and very inadequate treatment for mental illness. There is also no detoxification facility in the local area. Having these services available locally is extremely important, because of the capricious nature of SUD. The psycho-active chemicals ingested during active SUD produce large mood swings, as the amount and variety of chemicals “on board” in a person’s body changes. At some points, a person may reach what is called a “window of willingness” or a “moment of clarity” when they realize they are ready to try to change. They may be exhausted, physically sick, or just shaken by a

▲ **Benton Franklin Recovery Coalition Chair Michele Gerber speaking with local media about the organizations efforts.**

traumatic event, such as an eviction, an arrest or a serious accident. At that point, treatment must be available very near-term and close by because, as the chemical balance shifts inside them, they *will*—not *might*—change their mind. The compulsion to seek more drugs will take over. When treatment is out of reach, or delayed by waiting lists and complex rules, the person will relapse, often in a very severe way. The moment of clarity has been wasted.

Other reasons that having treatment locally available is important include family access, family education about SUD and/or mental illness, and long-term connections that persons in treatment make with each other. Families are often baffled by the behaviors of SUD and mental illness, so they react with an ever-shifting set of responses from anger, shunning, enabling, pressuring, threatening, and/or pleading. They need psycho-education about the brain diseases they are dealing with so they react more productively. Also, the camaraderie and shared struggles of persons in treatment form bonds that help maintain sobriety, and these bonds are lost if a person receives treatment in a distant location.



The Recovery Coalition made funding and building a comprehensive treatment center, with in-house recovery services after treatment, its foremost goal. To begin, the fledgling Coalition called meetings and invited people from a wide spectrum of the local communities. The meetings provided education about the brain diseases of SUD and mental illness, and community needs and benefits. There was always a challenge to everyone in attendance to bring more people to the next meeting. Fundraising began with a small 5K Run for Recovery, appeals to local county and city officials, and trips to advocate at the State Legislature in Olympia. The Coalition approached Benton County to form a public-private partnership to work toward a Recovery Center, and the County thankfully agreed. Since then, the Coalition has assisted Benton County with grant applications, speeches, gatherings and outreach.

The result of this partnership is that together these entities have raised \$46.3 million thus far in public funds, with Benton County being the largest contributor, and Washington state the second largest. With these funds, Benton County purchased the former Kennewick General Hospital, began extensive renovation, and re-named it the Columbia Valley Center for Recovery. The Coalition also raises private funds through donations from local individuals, families, companies, and small grants. Thus far, \$2.3million has been raised from the very generous local area, which have been donated to build

extra services in the Recovery Center, such as a large wellness/gymnasium room, a family reconnection room, enhancements to the recovery housing wing of the Center, donor recognition displays, and other amenities.

Throughout the process, the Recovery Coalition has stressed the benefits to the entire community of providing treatment for mental illness and SUD. For example, having sick people, especially the homeless, receive treatment will improve community safety and hygiene. In addition, the community will save large amounts of ongoing “hidden costs” in police, sheriff, jail and court costs, emergency services of all types, welfare and Medicaid, and the foster care system. Large local employers who send employees to treatment through Employee Assistance Programs will save money because they won’t have to send their people to treatment in distant, expensive cities. And the treatment dollars will stay in our local economy. Further, the neighborhood around the Recovery Center will be —and already is being — revitalized with new businesses that want to be close to the Center.

The Columbia Valley Center for Recovery and its life-saving, transformative work will truly benefit all of us in the Tri-Cities region. ■

**Learn more about the  
Benton Franklin Recovery  
Coalition at:  
[509recovery.org](http://509recovery.org)**

▲ **Rendering of the future Columbia Valley Center for Recovery, currently under construction in Kennewick.**

▼ **The Benton Franklin Recovery Coalition hosts gala receptions and breakfasts to solicit donations and holds a 5K Run for Recovery every September honoring National Recovery Month.**



# Events Calendar

## NARCOTICS ANONYMOUS EVENTS

For more information, visit [3citiesna.org](http://3citiesna.org)

## September

- 1 HERMISTON'S PICNIC IN THE PARK**  
11:00am | West Park, 3rd St, Umatilla, OR
- 6 BINGO BINGO BINGO**  
9:00pm | 640 N Columbia Center Blvd, Kennewick
- 27 BIRTHDAY POTLUCK**  
3:00pm | Lawrence Scott Park Gazebo, Kennewick

## October



- 2-5 MEN'S GATHERING**  
2465 Highway 97, Goldendale, WA
- 4 PUMPKIN DAY**  
3:00pm | Lawrence Scott Park Gazebo, Kennewick
- 25 SPOOKY SOUPS AND SPONSORSHIPS**  
4:00pm | 6300 W Court St, Pasco
- 25 SPOOK-TACULAR COSTUME DANCE**  
9:00pm | 6300 W Court St, Pasco

## November

- 15 THE 12 HOUR 12 STEP SATURDAY**  
11:00am | 6300 W Court St, Pasco
- 22 HERMISTON'S GRATITUDE DINNER**  
775 Highland Ave, Hermiston, OR

## December



- 6 CAROLIN' CRAFTS AND KARAOKE**  
4:00pm-6:45pm | 6300 W Court St, Pasco
- 6 WHITE ELEPHANT GIFT EXCHANGE**  
9:00pm | 6300 W Court St, Pasco
- 31 NEW YEAR'S EVE EVENT**  
6:00pm | 802 George Washington Way Richland



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## OTHER COMMUNITY EVENTS

Contact each organization for more information.

- 4 CELEBRATE RECOVERY** Every Thursday at 6pm  
South Hills Christian Church | [southhillschurch.org/cr](http://southhillschurch.org/cr)
- 11 FALL SESSIONS BEGIN**  
Three Rivers Therapy | [3riverstherapy.com](http://3riverstherapy.com)
- 13 MUSIC AND MUNCHIESS** 4:30–8:30pm  
Tri County Partners Habitat for Humanity  
[habitatbuilds.com](http://habitatbuilds.com)
- 13 FAITHFUL FOUNDATION BREAKFAST** 8am  
Mirror Ministries | [mirror-ministries.org](http://mirror-ministries.org)
- 25 SOCIAL SOBER GAME NIGHT** 5–8pm  
Kindred Spirits | [kindredspirits.store](http://kindredspirits.store)
- 27 RUN FOR RECOVERY**  
Recovery Coalition | [509recovery.org](http://509recovery.org)
- 27 ZUMBATHON** Grace Clinic | [gracecliniconline.org](http://gracecliniconline.org)
- 2 CELEBRATE RECOVERY** Every Thursday at 6pm  
South Hills Christian Church | [southhillschurch.org/cr](http://southhillschurch.org/cr)
- 8 ENGAGE AND GROW** Columbia Ability Alliance  
[columbiaabilityalliance.com](http://columbiaabilityalliance.com)
- 18 GALA** Grace Collective | [gracecollective.com](http://gracecollective.com)
- 23 SOCIAL SOBER GAME NIGHT** 5–8pm  
Kindred Spirits | [kindredspirits.store](http://kindredspirits.store)
- 24 FUNDRAISING BREAKFAST**  
Elijah Family Homes | [elijahfamilyhomes.org](http://elijahfamilyhomes.org)
- 29 LUNCHEON**  
Women Helping Women | [whwftc.org](http://whwftc.org)
- 30 2025 DINNER WITH FRIENDS**  
Boys & Girls Clubs of Benton & Franklin Counties  
[greatclubs.org](http://greatclubs.org)
- 1 OPENING** Café Recovery
- 1 CANDY LAND RUN** 8:30am  
Mirror Ministries | [mirror-ministries.org](http://mirror-ministries.org)
- 6 CELEBRATE RECOVERY** Every Thursday at 6pm  
South Hills Christian Church | [southhillschurch.org/cr](http://southhillschurch.org/cr)
- 14 RESOURCE EXPO**  
Tri Cities Veterans | [columbiabasinvetcenter.org](http://columbiabasinvetcenter.org)
- 22 FESTIVAL OF TREES GALA**  
United Way | [uwbfc.org](http://uwbfc.org)
- 4 CELEBRATE RECOVERY** Every Thursday at 6pm  
South Hills Christian Church | [southhillschurch.org/cr](http://southhillschurch.org/cr)
- 24 BIBLES AND BACKPACKS TOY DRIVE AND DINNER**  
Clean Sweep | [cleansweeptricity2020@gmail.com](mailto:cleansweeptricity2020@gmail.com)





# In His Own Words

## CHRISTOPHER WRIGHT

I haven't been a reporter for very long. I started with journalism at grad school in Indianapolis, then arts and culture writing in Memphis, where I grew up and lived most of my life. When you've been living in the same city long enough, all of its stories feel like they've soaked into your memory. You might remember bits and pieces, but you can't recite it, and the memories need a jump-start. Familiarity can feel like fatigue, so I came to the Tri-Cities to get experience with video production and to learn a new place.

One thing about writing on alcoholism and addiction is that most people forget all the fun stuff. I used to drink and bunker down to watch a bunch of old movies in a row, stuff from the 1950s and '60s that I had a harder time paying attention to while sober. It became somewhat of an immersive experience; being on the edge of blacked-out just feels right for a lot of those movies. It's hard to remember—especially as your substance of choice gets categorized as a problem—that it was once the solution to something. For me, it restored an ability to feel.

Another thing about writing on addiction: I don't like over-generalizing and projecting. However, I've found

through my own stories, and the stories of others, that guilt and fear are the upper-level, defining factors surrounding addiction. They can come before, during or after; they can be pointed inward or outward, and they can fuel both catastrophic failure and miraculous recovery.

Guilt and fear are by no means evil. They're more Lovecraftian: chaotic in intent, unknowable in source. If you're in the throes of addiction, and you've hurt people along the way (including yourself) there should probably be some guilt involved. However, you can't let it swallow you, and you can't let it turn selfish or defensive. That guilt, when it is true and unselfish, can be used to overcome the fear. What better reason to get better than to want to do better by the people around you?

Alcohol once felt like the only way to do anything: the only way to get out and socialize, talk to people, learn about them, go to family dinners, go to class, do homework, go to work. It became the only way I could sit with myself. Eventually, apologizing to the same people over and over again feels awful.

There's no cure-all. I can't tell you how to finally stop. I'm not super sure

how I did it either. But what I do know is that all those things that you've told yourself are too far gone and unobtainable are, indeed, not. It might very well be impossible if you're still drinking (or using, etc.). Or, they might be possible: the rules for these things are random and irrational, but I've been surprised at how much easier it is to do things after getting sober. The smaller things were harder in the beginning: talking to people, being relentlessly bored, watching those old movies, going about my day-to-day not-drunk. But the more extreme stuff was easier to avoid: hurting the people around me, lying, reveling in and seeking out bouts of severe depression.

The things I have to do, and even some of the things I want to do, still hang over me. But now, the process is the fun part: getting a little closer each day, going step-by-step, systematically rooting out all things that keep you from doing the things you really want to do, whatever they may be. It all seems so possible now. ■

*Christopher Wright is a reporter and producer for NBC/Non-Stop Local news in Kennewick. He is X years in recovery.*

"THE THINGS I HAVE TO DO, AND EVEN SOME OF THE THINGS I WANT TO DO, STILL HANG OVER ME. BUT NOW, THE PROCESS IS THE FUN PART: GETTING A LITTLE CLOSER EACH DAY, GOING STEP-BY-STEP, SYSTEMATICALLY ROOTING OUT ALL THINGS THAT KEEP YOU FROM DOING THE THINGS YOU REALLY WANT TO DO, WHATEVER THEY MAY BE."



# Sober Recipes

Brought to you by:



ALCOHOL FREE  
BOTTLE SHOP  
AND SOBER BAR

Everyone should have beverage options to enjoy that support their choice to moderate or remove alcohol from their life. Kindred Spirits is here to provide a variety of alcohol-free beverages and to bring a community together in support of sobriety.

## Spiced Mulled NA Wine

Mulled wine is a timeless crowd-pleaser, filling the house with the warm, comforting aromas of fall.



### INGREDIENTS

- 1 bottle Enis Zwei Zero AF Red Wine\*
- 2 cups Sheffield Apple Cider\*
  - 1 orange, sliced
  - 4 cinnamon sticks
  - 5-6 star anise
  - 10-12 cloves
- 2 tbsp honey or brown sugar
- 1/4 cup Seedlip Spice\*

### INSTRUCTIONS

Heat wine, cider, orange slices and spices in a pot on low heat. Stir in honey or sugar and add Seedlip Spice for depth of flavor. Ladle into mugs and garnish with additional star anise and orange slices.

\*Visit **Kindred Spirits** at 430 George Washington Way, Richland, and receive 15% off our Mulled Wine Bundle Package (red wine, cider and Seedlip Spice) until 12/31/2025.

## Lyre's Coffee Spirit Tiramisu

You will need a rectangular baking dish approximately 9" x 12".



### INGREDIENTS

- 6 oz strong black coffee (preferably espresso)
- 40 g caster sugar
- 2 oz Lyre's Coffee Originale\*
- 1 oz Lyre's American Malt\*
- 500 g mascarpone
- 15 oz thickened cream or heavy whipping cream
- 1/2 tsp vanilla extract
- 20 g icing sugar
- 50 g good quality dark chocolate cocoa powder for dusting
- 30 Ladyfingers (savoiardi sponge biscuits), approx.

### INSTRUCTIONS

- Combine the caster sugar and black coffee while hot and stir to dissolve, then mix in the Lyre's Coffee Originale and Lyre's American Malt. Place in a bowl and set aside. This will be the liquid used to soak the ladyfingers.
- Place the mascarpone, thickened cream, vanilla and icing sugar in a bowl and whisk until soft peaks form.
- To assemble: Briefly dunk the ladyfingers one at a time in the coffee mixture and line the bottom of your baking dish with them. Be sure to cover the entire surface and, if necessary, break some of the ladyfingers to fit in place.
- Spoon over the mascarpone mixture and smooth over the surface of the soaked ladyfingers.
- Sift a layer of cocoa over the top of the mascarpone and repeat this process again so that you have two layers of ladyfingers, mascarpone and cocoa.
- Chill for at least 2 hours before serving to allow time for the tiramisu to set. Use a large spatula or spoon to serve.

\*Visit **Kindred Spirits** at 430 George Washington Way, Richland, and receive 15% off our Tiramisu Bundle Package (Lyre's Coffee Originale and Lyre's American Malt) until 12/31/2025.

# Recovery Birthdates

Celebrating your strength, courage, and another year of freedom—*Happy Recovery Birthday!*

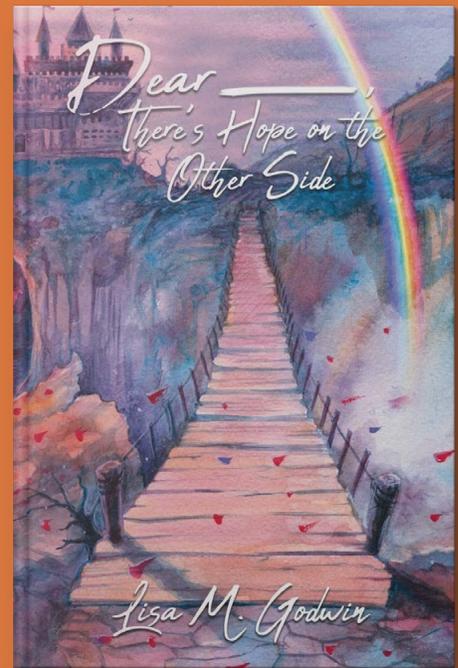
1/3/2019 Estrella	3/16/2021 Stevie	6/9/2019 Deyonna	7/11/2020 Shari	9/17/2024 Michael M	11/1/2023 Zell
1/8/2015 Carissa	3/29/2020 Tiffaine	6/22/2020 Jennifer	8/12/2022 Kalen	9/20/2024 Abby	11/2/2021 Kolonya
1/10/2013 Angela	4/4/2021 Briana	6/22/2021 James	8/19/2023 Randy	9/24/2024 Trisha	11/11/2022 Brooke
1/11/2016 Lisa	4/4/2021 Michael G	6/25/2021 Amber	8/21/2024 Jacob	9/28/2023 Randy	12/16/2022 Kyler
1/27/2021 Tishina	5/1/2023 Jesenia	6/30/1996 Pam	9/7/2020 Leticia	9/28/2023 Ally	— Cody
2/21/2024 Etienne	5/12/2022 Jacqueline	7/10/2013 Gina	9/9/2023 Julia	10/15/2013 Christine	— Gregorio
3/16/2015 Joee	5/28/2013 Ashely	7/10/2024 Aryana	9/9/2023 Aaron	10/26/2023 Cheyenne	

# Novel Ideas

## Dear \_\_\_\_\_, There's Hope on the Other Side

by Lisa M. Godwin | Christian Faith Publishing

There is a line from an old song that describes my dear friend Lisa's childhood and adolescence: "While you were making choices I was trying to survive." This is the story of Lisa's life. Lisa is a survivor. However, beyond that she has learned to thrive. As Lisa tells us her story she offers something more valuable than anything money can buy. She offers hope. Hope to those who have experienced neglect and trauma. She gives biblical and practical tools to move from surviving to thriving. As you read this book be open to how God wants to use it to heal you. Be open to the possibility that God is giving you renewed hope and a future. Perhaps a future far better than you have imagined!



Available online at:

Amazon.com

Barnes & Noble



Review by  
Sandy Cooney



# Resource Directory

## CRISIS LINES & IMMEDIATE SUPPORT

### 2-1-1 People for People

[www.mypfp.org](http://www.mypfp.org) | [wa211.org](http://wa211.org) | 211

24/7 connection to local services including detox, treatment programs, housing, and emergency assistance for people in crisis.

### SARC (Support, Advocacy & Resource Center)

[supportadvocacyresourcecenter.org](http://supportadvocacyresourcecenter.org) | (509) 347-5391

Offers confidential crisis intervention, advocacy, and referrals for people experiencing trauma, including substance-related crises.

## ADDICTION TREATMENT & COUNSELING

### Charlie Health

[www.charliehealth.com](http://www.charliehealth.com) | (866) 940-0954

Virtual intensive outpatient programs for teens/young adults with substance use and mental health needs.

### Comprehensive Healthcare

[comphc.org](http://comphc.org) | (509) 412-1051

Offers outpatient substance use disorder treatment, mental health counseling, and crisis stabilization services.

### First Step Community Counseling Services

[firststepccs.com](http://firststepccs.com) | (509) 735-6900

Delivers outpatient addiction counseling, DUI assessments, and recovery support programs.

### Ideal Option

[idealooption.com](http://idealooption.com) | (877) 522-1275

Specializes in medication-assisted treatment for opioid, alcohol, and other substance addictions with personalized outpatient care.

### Merit Resource Services

[meritresources.org](http://meritresources.org) | (509) 579-0738

Provides outpatient treatment, DUI programs, and recovery support services for substance use disorders.

### Oasis Behavioral Health

[oasisbehavioral.org](http://oasisbehavioral.org) | (509) 778-0005

Offers mental health and substance use disorder counseling, focusing on individualized outpatient care.

### Somerset Counseling Center

[drugevaluation.com](http://drugevaluation.com) | (509) 942-1624

Provides substance abuse evaluations, outpatient treatment programs, and relapse prevention services.

### Tri-Cities Treatment Center

[ortc.care](http://ortc.care) | (509) 578-1492

Specializes in opioid addiction treatment, including methadone and buprenorphine maintenance programs.

## CASE MANAGEMENT & RECOVERY SUPPORT SERVICES

### Consistent Care

[consistentcare.org](http://consistentcare.org) | (509) 438-1676

Coordinates medical, behavioral, and social services to reduce ER visits and support sustained recovery from substance use.

### Grace Collective

[gracecollective.com](http://gracecollective.com) | (509) 380-0991

Faith-based community providing life skills classes, mentoring, and support for individuals in recovery.

### Impact! Compassion Center

[impactcompassioncenter.org](http://impactcompassioncenter.org) | (509) 579-0006

Provides personalized case management, connecting individuals to treatment, housing, and recovery resources.

### Lutheran Community Services Northwest

[lcsnw.org/office/tri-cities](http://lcsnw.org/office/tri-cities) | (800) 678-4876

Offers counseling, crisis intervention, and community support for individuals in recovery.

### MRJN Associates

[mrjnwa.org](http://mrjnwa.org) | (509) 903-0458

Provides peer support and recovery coaching for individuals in addiction recovery.

### Safe Harbor (Parents for Parents)

[safeharborsupportcenter.org/parentsforparents](http://safeharborsupportcenter.org/parentsforparents)

(509) 783-5734

Supports parents in recovery through peer mentorship, advocacy, and connection to resources.

### Snipes H3 Young Adult Program

[snipesh3.org](http://snipesh3.org) | (253) 208-1494

Offers housing, counseling, and support services for young adults in recovery and transition from the foster care system.

### Three Rivers Therapy

[3riverstherapy.com](http://3riverstherapy.com) | (509) 379-5553

Provides individual and group therapy for mental health and substance use recovery.

### Washington Monitoring

[washingtonmonitoring.org](http://washingtonmonitoring.org) | (509) 430-1155

Court-ordered drug/alcohol monitoring for accountability in recovery.

## HOUSING & BASIC NEEDS

### Benton-Franklin Community Action Committee

[bfcac.org](http://bfcac.org) | (509) 545-4042

Connects individuals and families to programs and resources that offer housing, food, utility, health care, recovery and other support.

### Housing Authority of the City of Pasco & Franklin County

[hacpfc.org](http://hacpfc.org) | (509) 547-3581

Provides affordable housing for low-income individuals and families.

### Housing Resource Center (HRC)

[bfcac.org](http://bfcac.org) | (509) 737-3946

Assists individuals in finding and maintaining housing to support recovery stability.

### Kennewick Housing Authority

[kennewickha.org](http://kennewickha.org) | (509) 586-8576

Offers housing programs for low-income individuals and families.

### Second Harvest Tri-Cities

[2-harvest.org](http://2-harvest.org) | (509) 545-0787

Food assistance for individuals and families.

### Union Gospel Mission (UGM)

[tcugm.org](http://tcugm.org) | (509) 547-2112

Offers faith-based shelter, basic needs, recovery programs, and support services for individuals experiencing homelessness.

## MEDICAL & BEHAVIORAL HEALTH

### Blue Mountain Heart to Heart

[bluemountainheart2heart.wordpress.com](http://bluemountainheart2heart.wordpress.com) | (509) 529-4744

Services include health care, harm prevention, case management, HIV/STD testing, specializing in marginalized/stigmatized communities.

### Columbia Basin Health Association

[cbha.org](http://cbha.org) | (509) 331-0150

Delivers no and reduced-cost primary care, behavioral health, dental, and pharmacy services.

### Grace Clinic

[gracecliniconline.org](http://gracecliniconline.org) | (509) 735-2300

Free medical, dental, and limited mental health services, with referrals for substance use disorder treatment.

### Hope Medical

[hopemedicalwa.com](http://hopemedicalwa.com) | (509) 396-7737

Pregnancy testing, counseling & support; ultrasounds; STD testing and treatment.

### Lourdes Behavioral Health

[yourlourdes.com/behavioralhealth](http://yourlourdes.com/behavioralhealth) | (509) 943-9104

Provides inpatient and outpatient behavioral health care, including addiction treatment services.

### Planned Parenthood

[plannedparenthood.org](http://plannedparenthood.org) | (866) 904-7721

Reproductive health care, STI testing, and treatment referrals.

### You Medical

[youmedical.org](http://youmedical.org) | (509) 491-1101

Free confidential pregnancy testing, ultrasounds, STD testing and treatment, and pregnancy counseling and support.

## RESIDENTIAL & SOBER LIVING PROGRAMS

### 4th Dimension Living

[www.fourthdimensionliving.org](http://www.fourthdimensionliving.org) | (509) 713-9462

Faith-based sober living homes offering structured, substance-free environments to support ongoing recovery.

### Elijah Family Homes

[elijahfamilyhomes.org](http://elijahfamilyhomes.org) | (509) 943-6601

Supports self-sufficiency for those in addition recovery through stable-housing and case management services.

### Introducing You

[introducingu2u.com](http://introducingu2u.com) | (509) 221-1765

Recovery residence for women offering counseling, peer support, life skills training, and employment assistance.

### Oxford House

[oxfordhouse.org](http://oxfordhouse.org) | [oxfordvacancies.com](http://oxfordvacancies.com)

Peer-run sober living houses that provide safe, affordable, and self-supportive housing for individuals in recovery.

### Seasons Housing

[seasonshousing.org](http://seasonshousing.org) | (509) 405-1815

Provides transitional and permanent housing options for individuals in recovery or exiting treatment.

### Victory Homes

[votricities.com](http://votricities.com) | (509) 987-5131

Faith-centered residential recovery program providing housing, life skills, and spiritual support for addiction recovery.

### Victoria's Home

[victoriashome1213@gmail.com](mailto:victoriashome1213@gmail.com)

## OTHER SUPPORT SERVICES

### Community Minded

[communityminded.org](http://communityminded.org) | (509) 316-4389

Education and family support for those affected by substance use.

### Domestic Violence Services of Benton & Franklin Counties

[dvsbf.org](http://dvsbf.org) | (509) 582-9841

Provides safe shelter and advocacy for survivors of domestic violence.

### Mirror Ministries

[mirror-ministries.org](http://mirror-ministries.org) | (509) 212-9995

Support for juvenile survivors of sex trafficking.

### United Way of Benton and Franklin County

[uwbfc.org](http://uwbfc.org) | (509) 783-4102

Funds and connects community programs that include recovery support services.

**THIS IS OUR STORY**

**Elijah Family Homes  
10th Annual  
Community Breakfast  
Benefit**

**FRIDAY OCT. 24TH**

**HAPO EVENT CENTER - 7AM - 8:30AM**

Join us as we celebrate 20 years of fostering hope, dignity, and stability for families in recovery at Elijah Family Homes.

