

DRI *in the* TRI

Connecting
Community
to Recovery

SPRING 2026

IN HER OWN WORDS: KIKI BARRERA

Your Past Does Not Define You

Explore a World of
Alcohol-Free Alternatives
at Kindred Spirits

PLUS...

Local Events & Groups
Alcohol-Free Recipes
and more!



Sunrise Village



For 20 years, Elijah Family Homes has fostered hope, dignity, and self-sufficiency through stable housing and supportive services for families seeking recovery. As the need in our community grows, so does our response. We are stepping forward with a bold new vision: a \$1.5 million cottage community that will provide stable housing for seven families at a time, impacting generations to come. This isn't just a construction project; it's a blueprint for long-term change, healing, and opportunity. Our goal is to transform the way families in recovery are supported and we invite you to be part of that transformation.

Every dollar raised is a step closer to offering more families in recovery a future rooted in stability and hope. Together, we can break the cycle of addiction, poverty, and housing insecurity. Visit our website at elijahfamilyhomes.org to learn more and be among the first to say, "I helped build a village that changed lives."

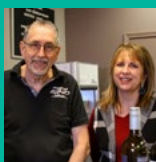


"I helped build a village that changed lives."

DRI *in the* TRI

In this issue...

2 THINGS TO SAY WHEN YOU DON'T DRINK



4 COMMUNITY SPOTLIGHT: KINDRED SPIRITS ALCOHOL FREE BOTTLE SHOP & SOBER BAR

6 EVENTS CALENDAR



8 IN HER OWN WORDS: KIKI BARRERA

10 SOBER RECIPES RECOVERY BIRTHDAYS

11 NOVEL IDEAS BOOK REVIEW

12 RESOURCE DIRECTORY

Editor's Note

CONNECTING COMMUNITY TO RECOVERY

Addiction often thrives in silence and isolation. The stigma surrounding substance use disorders can make individuals feel ashamed, forcing them to retreat precisely when they need support the most. In this issue, we challenge that narrative by spotlighting the transformative power of community in the recovery journey.

The stories shared within these pages underscore a fundamental truth: recovery is rarely a solo endeavor. It is through connections in support groups, family gatherings, or shared volunteer efforts—that hope is rekindled and resilience is built. By sharing our experiences, we dismantle the walls of secrecy that fuel addiction and replace them with bridges of understanding and empathy.

Our goal with this issue is to help remove the shame associated with seeking help. We hope these narratives inspire dialogue and remind those struggling that they are not alone. There is strength in vulnerability, and immense power in a supportive community. Together, we can create environments where seeking help is a sign of strength, not weakness, and where everyone has the chance to heal in the light of connection.



With love and gratitude,

Lisa

Lisa M. Godwin, Editor
Dri in the Tri
Tri-Cities, Washington

ADVERTISING & SALES

Angela Dryden

CONTRIBUTORS

Christine Stacy
Carissa Lieberman
Marlys Aspinwall

DESIGN & PRINT

Artmil Design

CONTACT US

Dri in the Tri
921 S. Auburn St
Kennewick WA 99336
(509) 943-6610
admin@elijahfamilyhomes.org

www.elijahfamilyhomes.org



OUR MISSION Connecting Community to Recovery – One Story at a Time

Published by Elijah Family Homes. All rights reserved.

The opinions and content that follow are those of the author and do not necessarily reflect the views of Elijah Family Homes.

Things to Say When You Don't Drink

A 'Choose-Your-Own-Vibe' guide for any situation:

HONEST & REAL <i>For when you want to be straightforward — no jokes, no spin.</i>	POLITE & SIMPLE <i>For anyone you don't feel like explaining yourself to.</i>	FUNNY & CHEEKY <i>For friends, parties, or when you want a laugh.</i>	CONFIDENT & PLAYFUL <i>For when you're owning your sobriety with flair.</i>
I don't like the taste/effects of alcohol.	I'm good, thanks.	I'm allergic — I break out in handcuffs and prison sentences.	I'm sober, not boring!
Family history of addiction.		I'm tired of collecting DUIs — my collection is complete.	I don't drink— more room for dessert!
I'm a person in recovery.	I'm chilling with a soda tonight.	I'm allergic... to bad decisions.	
	I don't drink, but I'm having fun.	I already have enough personality without alcohol.	I'm the designated good vibes person!
When I drink, I forget not to do drugs.	Water is perfect for me.	I can't afford my alter ego tonight.	I don't drink, but I will absolutely judge the music.
I wind up broke and homeless.	I'm taking a break from alcohol right now.		My vibe doesn't need a mixer.
I'm taking care of my mental health tonight.	I don't drink, but I'm still down to hang.	Alcohol and I are on a "no contact" order.	I'm here for the people, not the pour.



Now under new ownership and ready to serve our community.
8600 W Clearwater Ave, Kennewick | tricitylumber.com



Lexar Homes builds beautiful, high-quality custom homes designed for the way you live. We focus on energy efficiency, thoughtful design, and a building experience that's as personal as the home itself.



Pacific Edge delivers enterprise-level technology services for organizations without an internal IT department. From hands-on technical support to compliance alignment, we provide the expertise you need to keep your business running smoothly. Our relationship-driven approach ensures you receive personalized service that feels like an extension of your own team.



(509) 735 7506 | myhighstreet.com
6816 West Rio Grande Avenue, Suite C, Kennewick



Atomic Home Health is a locally-owned Department of Labor (DOL) home health provider specializing in maximizing EEOICPA benefits. This program provides medical coverage and compensation—up to \$400,000—for workers exposed to radiation at DOE sites like Hanford. If you or a loved one may qualify, call (509) 728-9594 or visit Atomichomehealth.com.



Pg Long has roots that span 50+ years offering full service flooring solutions including floor covering and even floor cleaning. Our passionate team strives to offer innovative solutions and superior customer service. For all of your flooring needs, we are here when you need us!



Need a little help?



Going on vacation? Relax. We'll take great care of your loved ones while you're away.

In-home Care for the Elderly, Disabled, Post-Surgery, Post-Accident

WE CARE LIKE FAMILY **Private Duty Home Care Includes:**

- Personal Care "Bathing & Dressing"
- Meal Preparation/Grocery Shopping
- Errands/Light Housekeeping
- Transportation to Doctor's Appts./Pharmacy
- Respite Care/Companionship

IF HOME IS WHERE YOU WANT TO BE? CALL US

509-606-0177

mothersarmshomecare.com

In-home care isn't just for seniors...it's for anyone who needs a helping hand...or just a break





Community Spotlight



ALCOHOL FREE
BOTTLE SHOP
AND SOBER BAR

Kindred Spirits is Tri-Cities's first alcohol-free bottle shop and sober bar, offering thoughtfully curated zero-proof wines, beers, spirits, and botanical elixirs. Guests can enjoy complimentary tastings, handcrafted alcohol-free cocktails, and light appetizers in a calm, welcoming space designed for connection. Serving the sober, sober-curious, and those pursuing intentional living, Kindred Spirits is rooted in hospitality, dignity, and community support. Through events and partnerships with local recovery organizations, the shop provides not just alternatives to alcohol — but a place to belong.

On any given afternoon in Richland, the door at Kindred Spirits opens to something unexpected: laughter without haze, conversation without noise, celebration without compromise. In a culture where alcohol is often assumed to be the centerpiece of connection, this welcoming storefront offers a different story.

As more people prioritize mental clarity, physical health, and intentional living, Kindred Spirits is meeting a growing desire for spaces that feel both vibrant and grounded. What began as a vision for an alcohol-free bottle shop and sober bar has become something deeper — a gathering place rooted in dignity, hospitality, and hope.

Inside, the atmosphere is calm and thoughtfully curated. Shelves are lined with zero-proof wines, craft beers, distilled alternatives, botanical elixirs, and celebratory beverages that rival their alcoholic counterparts in complexity and presentation. Guests are invited to sample complimentary tastings, discovering drinks designed not as substitutes, but as stand-alone experiences — layered, balanced, and worthy of special occasions.

But what sets Kindred Spirits apart is not only what's on the shelves. It's

▲ **Owners Chuck and Marlys Aspinwall offer tastings of alcohol-free alternatives at Kindred Spirits in Richland.**

what's felt in the room.

"We wanted to create a space where people feel seen and supported, not questioned," say founders Chuck and Marlys Aspinwall. "You shouldn't have to explain why you're choosing not to drink in order to belong. Our hope is that when someone walks through our doors, they feel peace, dignity, and the freedom to fully participate in life — exactly as they are."

That invitation resonates with a wide range of guests: individuals in recovery, families supporting a loved one, those choosing sobriety for health or faith reasons, and the sober-curious exploring a new relationship with alcohol. Some arrive seeking alternatives; many leave having found community.

Events throughout the month foster that connection. Educational gatherings, wellness conversations, and community collaborations create space for honest dialogue around recovery, personal growth, and intentional living. The shop's design reflects its mission — warm, welcoming, and centered on



conversation. It feels less like a retail stop and more like a place to linger.

At its heart, Kindred Spirits is guided by a quiet but steadfast purpose: to serve others, strengthen families, support local recovery nonprofits, and honor God by fostering clarity, connection, and healing within the community. That mission extends beyond the storefront through partnerships with organizations such as the Benton Franklin Recovery Coalition, reinforcing the message that no one walks this journey alone.

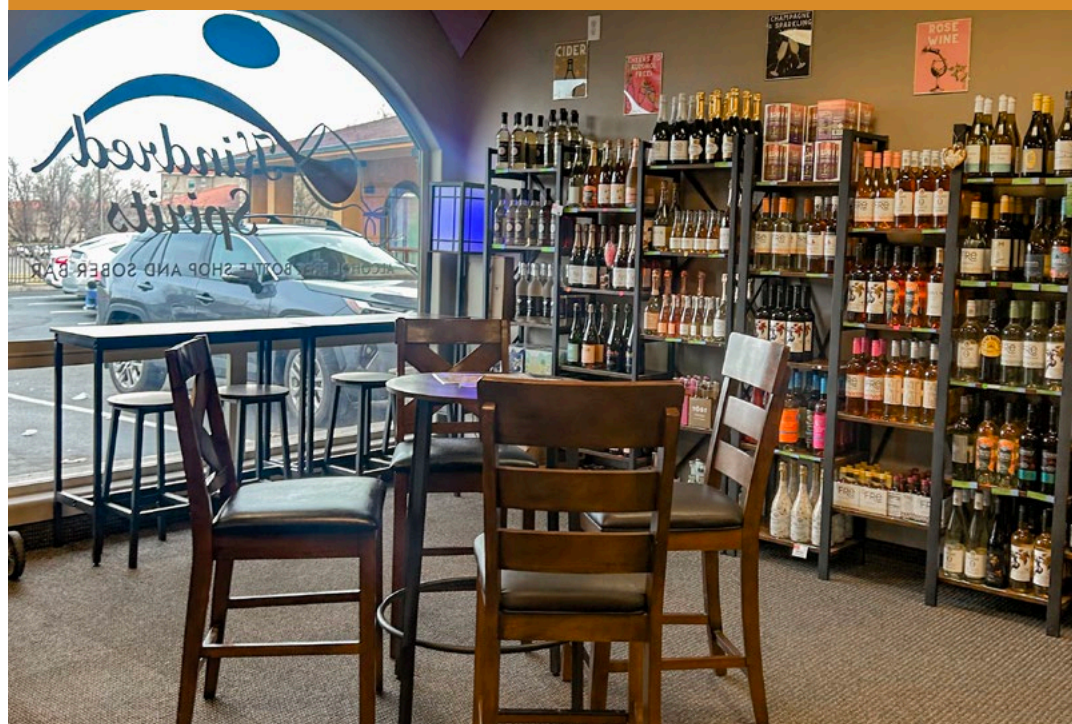
Whether someone is fully sober, cutting back, or simply choosing something different for the evening, Kindred Spirits offers an experience free of pressure or labels. Just thoughtful options. Just genuine hospitality. Just a reminder that celebration has always been about the people gathered, not what's in the glass. ■

Kindred Spirits is at 430 George Washington Way, Richland.

Hours: Tue–Sat, 11am–6pm

Explore products, events, and wellness resources at: www.kindredspirits.store

“YOU SHOULDN’T HAVE TO EXPLAIN WHY YOU’RE CHOOSING NOT TO DRINK IN ORDER TO BELONG. OUR HOPE IS THAT WHEN SOMEONE WALKS THROUGH OUR DOORS, THEY FEEL PEACE, DIGNITY, AND THE FREEDOM TO FULLY PARTICIPATE IN LIFE — EXACTLY AS THEY ARE.”



Events Calendar

NARCOTICS ANONYMOUS EVENTS

For more information, visit 3citiesna.org

March

- 7 BINGO PARTY** 2–5pm
640 N Columbia Center Blvd, Kennewick
- 21 BIRTHDAY POTLUCK** 2–5pm
Lord of Life Lutheran Church, Kennewick

April

- 11 SPRING FLING** 5–8pm
775 Highland Ave, Hermiston, OR
- 11 SKATE DAY** 5:30–7:30pm
775 Highland Ave, Hermiston, OR
- 18 SUMMER SIZZLER FUNDRAISER** 11am–3pm
Location TBD

May

- 2 GAME NIGHT & KARAOKE** 8–11pm
Lord of Life Lutheran Church, Kennewick
- 9 PRC LEARNING DAYS** 10am–3pm
Location TBD
- 25 MEMORIAL DAY BBQ & POTLUCK** 11am–3pm
West Park 3rd St, Umatilla, OR
- 30 GLOW HIKE** 9–11pm
Candy Mountain Trailhead

June

- 6 HOME GROUP GAMES** Noon–3pm
Lawrence Scott Park, Kennewick
- 13 SUMMER SIZZLERS LUAU** 11am–2pm
Location TBD
- 19–21 FELLOWSHIP CAMPOUT**
Harris Park Campground, Milton-Freewater, OR
- 27 BIRTHDAY POTLUCK** 2–5pm
Kennewick First Lutheran Church



Gesa
Credit
Union

Rotary
Tri-Cities Sunrise



Mr. Squeaky Clean
Cleaning Service LLC

OTHER COMMUNITY EVENTS

Contact each organization for more information.

2 CELEBRATE RECOVERY Every Monday at 6pm
Hope Tri-Cities | htc.church/recovery

4 FOOD & CLOTHING GIVEAWAY Every Wed. 11am–4pm
St. Vincent De Paul, 215 S 6th Ave, Pasco | svdppasco.org

5 CELEBRATE RECOVERY Every Thursday at 6pm
South Hills Christian Church | southhillschurch.org/cr

5 PARENTING GROUP Every Thursday at 5pm
Three Rivers Therapy | 3riverstherapy.com

13 SENT TO SERVE SPAGHETTI FUNDRAISER 6pm
Central Church | cupchurch.org

1 FOOD & CLOTHING GIVEAWAY Every Wed. 11am–4pm
St. Vincent De Paul, 215 S 6th Ave, Pasco | svdppasco.org

2 CELEBRATE RECOVERY Every Thursday at 6pm
South Hills Christian Church | southhillschurch.org/cr

2 PARENTING GROUP Every Thursday at 5pm
Three Rivers Therapy | 3riverstherapy.com

6 CELEBRATE RECOVERY Every Monday at 6pm
Hope Tri-Cities | htc.church/recovery

**17 COLUMBIA VALLEY CENTER FOR RECOVERY
GRAND OPENING CEREMONY** 11am–1pm
10th & Auburn, Kennewick | 509recovery.org

4 CELEBRATE RECOVERY Every Monday at 6pm
Hope Tri-Cities | htc.church/recovery

6 FOOD & CLOTHING GIVEAWAY Every Wed. 11am–4pm
St. Vincent De Paul, 215 S 6th Ave, Pasco | svdppasco.org

7 CELEBRATE RECOVERY Every Thursday at 6pm
South Hills Christian Church | southhillschurch.org/cr

7 PARENTING GROUP Every Thursday at 5pm
Three Rivers Therapy | 3riverstherapy.com

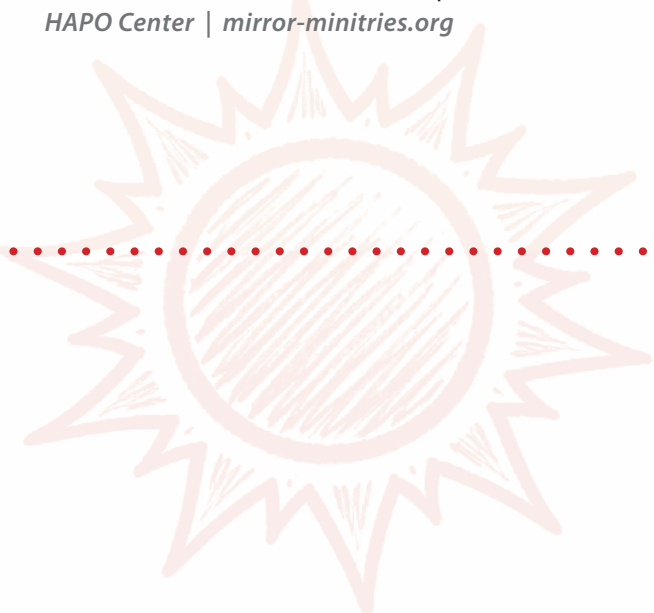
8 MIRROR MINISTRIES GALA 5pm
HAPO Center | mirror-ministries.org

1 CELEBRATE RECOVERY Every Monday at 6pm
Hope Tri-Cities | htc.church/recovery

3 FOOD & CLOTHING GIVEAWAY Every Wed. 11am–4pm
St. Vincent De Paul, 215 S 6th Ave, Pasco | svdppasco.org

4 CELEBRATE RECOVERY Every Thursday at 6pm
South Hills Christian Church | southhillschurch.org/cr

6 PARENTING GROUP Every Thursday at 5pm
Three Rivers Therapy | 3riverstherapy.com





In Her Own Words

KIKI BARRERA

For years, I lived what some would call a successful life. I had a thriving career, money in the bank, a car, a home, and the freedom to do whatever I wanted. From the outside, nothing looked broken. So when my family gently told me I was an alcoholic, I brushed it off. How could I be? I was functioning. I was working. I was “happy.”

But the truth was far less glamorous. I had become a full-time drinker—morning, noon, and night. I made excuses for everything. I convinced myself I was in control. I told myself I was just blowing off steam, just having fun, just living life. Yet every morning I woke up with swollen eyes, a pounding heart, and a pit in my stomach wondering what I had said or done the night before. I wasn’t the “fun drunk” anymore. I was mean. I was hurting people I loved. And I was losing myself.

One morning, something in me finally broke open. I woke up, looked at my life, and said, enough is enough. No drama. No rock-bottom moment. Just a quiet, powerful decision that I deserved

better. That the people who loved me deserved better. That God had more planned for me than this.

I quit drinking that day. And I haven’t looked back.

Sobriety has transformed my life in ways I never imagined. Today, I’m 2 years and 8 months sober, and I wake up every morning with what Robin Williams in *Patch Adams* called “excessive happiness.” I smile before my feet hit the floor. I feel present, grounded, and grateful. I have a career in real estate that I absolutely love, and I also serve as the Director of Guest Services and Memberships at what was voted Tri Cities Best Golf Course: Zintel Creek Golf Club. I’m living my best life.

None of this happened alone. I come from a big, loud, loving family, and their support has been nothing short of extraordinary. They called me, checked on me, celebrated every milestone—big or small. They believed in me even when I didn’t believe in myself. I know not everyone gets that kind of support, and I never take it for granted. God

knew exactly what He was doing when He placed me in this family.

I’m also incredibly lucky to have my mom, my dad, and my pops—my stepdad—who have supported me with nothing but love. I’m so grateful for their patience and their lack of judgment. I’m thankful they no longer have to get late-night calls to come pick me up, or answer drunk, emotional phone calls. They don’t have to worry about me anymore, and knowing they can sleep peacefully at night is something I will always be grateful for.

My friends, too—the same ones I drank with daily—stood by me without hesitation. No pressure. No judgment. Just love and respect. That kind of loyalty is rare, and I carry it with me every day.

And then there’s Koko Chanel. If you’re not a dog person, you might not understand, but she is my heart. My emotional support. My constant companion. My ride-or-die. In those early days of sobriety, when everything felt raw and uncertain, she was the one who kept me steady.

"SOBRIETY IS NOT FOR THE WEAK. IT TAKES HONESTY, HUMILITY, AND A WILLINGNESS TO FACE YOURSELF WITHOUT NUMBING THE EDGES. I'M NEVER IN A PLACE TO JUDGE ANYONE WHO STRUGGLES. I'VE BEEN THERE. I'VE LIVED IT."



My nieces and nephews have also been a huge part of my "why." I want to show up for them—clear-eyed, dependable, cheering from the sidelines at 8 a.m. games, being the aunt they can trust and be proud of. My brother and sister know they can call me anytime, and I'll be there—not passed out, not day-drinking, but fully present and ready to help. That alone is a gift sobriety gave me.

Through it all, my faith never left me. Even in my darkest, drunkest moments, I still did my devotional every morning. I still made it to church when I could. I

still talked to God. And I know He never stopped listening. He carried me when I was weak and strengthened me when I couldn't stand on my own. My sobriety is proof of His grace.

Sobriety is not for the weak. It takes honesty, humility, and a willingness to face yourself without numbing the edges. I'm never in a place to judge anyone who struggles. I've been there. I've lived it. And one day, I hope to become a sober coach so I can help others find the same freedom.

If you're reading this and you're struggling, please reach out. Truly. I

have stories that will match yours or even outdo them. But more importantly, I have hope to offer. Your past does not define you. It shapes you, strengthens you, and prepares you for the life you're meant to live. No regrets—just chapters in your big book.

The road ahead is beautiful. And you deserve to walk it sober. ■

Kiki Barrera is a realtor and director of guest services and memberships at Zintel Canyon Golf Course Kennewick. She is nearly three years in recovery.

▼ ***Proud Aunt Kiki with her nieces and nephews.***



Sober Recipes

Brought to you by:

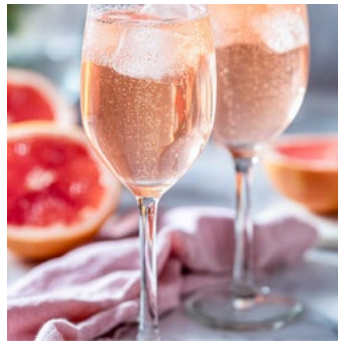


ALCOHOL FREE
BOTTLE SHOP
AND SOBER BAR

Everyone should have beverage options to enjoy that support their choice to moderate or remove alcohol from their life. Kindred Spirits is here to provide a variety of alcohol-free beverages and to bring a community together in support of sobriety.

Sparkling Rosé Paloma

The sparkling rosé paloma is light, crisp, and effortlessly romantic, making it a perfect Valentine or springtime cocktail when you want something refreshing but polished. Grapefruit adds a gentle citrus bite, while rosé and bubbles keep the drink bright and celebratory. It's easy to sip, not overly sweet, and ideal for a relaxed evening together.



INGREDIENTS (MAKES 2 COCKTAILS)

- 4 oz Alcohol-Free Tequila*
- 2 oz Alcohol-Free Sparkling Rosé*
- 2 oz fresh grapefruit juice
- 1 oz fresh lime juice
- 1 oz simple syrup
- ice, for serving

INSTRUCTIONS

Add the tequila, grapefruit juice, lime juice, and simple syrup to a shaker filled with ice and shake until chilled. Strain evenly into two wine glasses filled with ice and top each with sparkling rosé. Serve immediately while bubbly.

*Buy any alcohol free tequila and sparkling rosé together and receive 15% off at **Kindred Spirits**, 430 George Washington Way, Richland. **Mention you saw this ad in Dri in the Tri.** Offer expires 6/30/2026.

Blackberry Mint & Gin Ice Cream Bars



Rich chocolate, a burst of cooling mint, and a splash of our Indigo Gin—spring never tasted so indulgent.

INGREDIENTS

- 2 oz Empress 1908 Indigo Alcohol-Free Gin*
- 13.5 oz unsweetened coconut milk
- 4 oz Medjool Dates, pitted and softened in hot water
- 1/2 cup raw cashews, soaked in hot water for 10 minutes
- 1 cup frozen blackberries
- 5 mint leaves
- 1.5 cups chocolate chips
- freeze-dried blackberries, to garnish

INSTRUCTIONS

In high-speed blender or food processor, combine coconut milk, softened dates, soaked cashews, blackberries, mint, and gin. Blend until completely smooth and creamy. Pour into silicone ice cream bar molds, smoothing tops as needed. Freeze 2–3 hours, or until fully set.

While bars freeze, melt chocolate chips in a double boiler or heat-safe bowl placed over a pot of simmering water. Stir continuously until smooth. Remove from heat and allow to cool slightly.

Once bars are fully frozen, remove them from the molds. Dip each bar into the melted chocolate to coat, then sprinkle with crushed freeze-dried blackberries while the coating is still wet. Return coated bars to the freezer for an additional 5–10 minutes for the chocolate to fully set. Serve immediately or store in an airtight container in the freezer for up to 2 weeks. Enjoy!

*Buy Empress 1908 Indigo Alcohol-Free Gin and receive 15% off at **Kindred Spirits**, 430 George Washington Way, Richland. **Mention you saw this ad in Dri in the Tri.** Offer expires 6/30/2026.

Recovery Birthdates

Celebrating your strength, courage, and another year of freedom—**Happy Recovery Birthday!**

- | | | | | |
|--------------------|-----------------|----------------|-----------------|----------------|
| 10/9/19 Karen | 11/1/23 Zell | 11/26/96 Kathy | 12/29/20 Kyle | 1/10/13 Angela |
| 10/13/22 Andrea | 11/5/92 Joanie | 12/4/17 Lizzie | 1/1/90 Vickie | 1/11/16 Lisa |
| 10/14/15 Thomas | 11/6/25 Levi | 12/6/16 Paula | 1/1/23 Jennifer | 1/14/90 Tracy |
| 10/15/13 Christine | 11/11/22 Brooke | 12/14/17 Amy | 1/3/19 Estrella | 1/15/14 Scotty |
| 10/15/93 Bonnie | 11/14/17 Gina | 12/15/05 Teri | 1/7/21 Tishina | 1/20/21 John |
| 10/26/23 Cheyenne | 11/15/19 Lisa | 12/16/22 Kyler | 1/7/25 Casey | 1/26/18 Chase |
| 10/28/23 Kristen | 11/16/06 Patty | 12/20/88 Tammy | 1/8/15 Carissa | 1/28/22 Shelly |

Novel Ideas

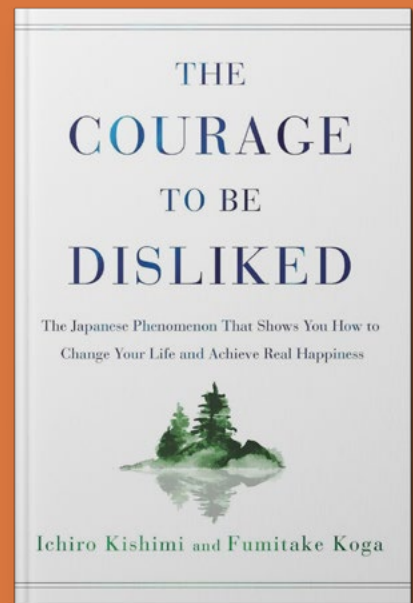
The Courage to Be Disliked by Ichiro Kishimi and Fumitake Koga

Reading *The Courage to Be Disliked* felt like sitting in a quiet Al-Anon meeting where something finally clicks—but in a new way. I thought I had a solid grasp on detachment, boundaries, and focusing on my own side of the street. This book didn't replace those lessons; it deepened them. The idea that we are not responsible for managing others' emotions—and that trying to do so can actually keep everyone stuck—landed in a way that was both uncomfortable and freeing.

The Courage to Be Disliked reinforced what Al-Anon has taught me, while also giving me new language and perspective to practice it more fully. It reminded me that courage isn't loud or aggressive—it's the quiet decision to live authentically, set boundaries without guilt, and trust that relationships rooted in mutual responsibility are stronger than those built on fear. For anyone walking alongside recovery—whether their own or someone else's—this book is a powerful, thought-provoking companion.



Review by
Angela Dryden



Available online at:

Amazon.com

Barnes & Noble



Resource Directory

CRISIS LINES & IMMEDIATE SUPPORT

2-1-1 People for People myfpf.org | wa211.org | 211
24/7 connection to local services including detox, treatment programs, housing, and emergency assistance for people in crisis.

SARC (Support, Advocacy & Resource Center) supportadvocacyresourcecenter.org | (509) 347-5391
Offers confidential crisis intervention, advocacy, and referrals for people experiencing trauma, including substance-related crises and victims of crime.

ADDICTION TREATMENT & COUNSELING

Charlie Health charliehealth.com | (866) 940-0954
Virtual intensive outpatient programs for teens/young adults with substance use and mental health needs.

Comprehensive Healthcare comphc.org | (509) 412-1051
Offers outpatient substance use disorder treatment, mental health counseling, and crisis stabilization services.

First Step Community Counseling Services firststepccs.com | (509) 735-6900
Delivers outpatient addiction counseling, DUI assessments, and recovery support programs.

Ideal Option idealooption.com | (877) 522-1275
Specializes in medication-assisted treatment for opioid, alcohol, and other substance addictions with personalized outpatient care.

Merit Resource Services meritresources.org | (509) 579-0738
Provides outpatient treatment, DUI programs, and recovery support services for substance use disorders.

Oasis Behavioral Health oasisbehavioral.org | (509) 778-0005
Offers mental health and substance use disorder counseling, focusing on individualized outpatient care.

SMART Recovery smartrecovery.org | (509) 554-7119
Evidence-based support and tools to help individuals self-manage and overcome addictive behaviors and lead a balanced life.

Somerset Counseling Center drugevaluation.com | (509) 942-1624
Provides substance abuse evaluations, outpatient treatment programs, and relapse prevention services.

Tri-Cities Treatment Center ortc.care | (509) 578-1492
Specializes in opioid addiction treatment, including methadone and buprenorphine maintenance programs.

CASE MANAGEMENT & RECOVERY SUPPORT

Consistent Care consistentcare.org | (509) 438-1676
Coordinates medical, behavioral, and social services to reduce ER visits and support sustained recovery from substance use.

Impact! Compassion Center impactcompassioncenter.org | (509) 579-0006
Provides personalized case management, connecting individuals to treatment, housing, and recovery resources.

Lutheran Community Services Northwest lcsnw.org/office/tri-cities | (800) 678-4876
Offers counseling, crisis intervention, and community support for individuals in recovery.

Naranon nar-anon.org | (509) 366-6212
Twelve-step program for friends and family members of those who are affected by addiction.

Safe Harbor safeharborsupportcenter.org/parentsforparents | (509) 783-5734
Supports parents in recovery through peer mentorship, advocacy, and connection to resources.

Snipes H3 Young Adult Program snipesh3.org | (253) 208-1494
Offers housing, counseling, and support services for young adults in recovery and transition from the foster care system.

Sparkle Initiative sparkleinitiativewa.org | (509) 571-6061
Supports youth and families by meeting practical needs, strengthening connections, and building community.

Three Rivers Therapy 3riverstherapy.com | (509) 379-5553
Provides individual and group therapy for mental health and substance use recovery.

Washington Monitoring washingtonmonitoring.org | (509) 430-1155
Foundational community support, electronic monitoring, BHA, intensive outpatient program, moral recognition therapy, substance use disorder, mental health, peer support, court ordered treatment, contracted for peer respite and medical respite, psychiatric medication management & monitoring, DUI assessment, alcohol drug information school, recovery cafe, club house, transitional housing.

HOUSING & BASIC NEEDS

Benton-Franklin Community Action Committee

bfcac.org | (509) 545-4042

Connects individuals and families to programs and resources that offer housing, food, utility, health care, recovery and other support.

Housing Authority of the City of Pasco & Franklin County

hacpfc.org | (509) 547-3581

Provides affordable housing for low-income individuals and families.

Housing Resource Center (HRC)

bfcac.org | (509) 737-3946

Assists individuals in finding and maintaining housing to support recovery stability.

Kennewick Housing Authority

kennewickha.org | (509) 586-8576

Offers housing programs for low-income individuals and families.

Second Harvest Tri-Cities

2-harvest.org | (509) 545-0787

Food assistance for individuals and families.

Union Gospel Mission (UGM)

tcugm.org | (509) 547-2112

Offers faith-based shelter, basic needs, recovery programs, and support services for individuals experiencing homelessness.

MEDICAL & BEHAVIORAL HEALTH

Blue Mountain Heart to Heart

bluemountainheart2heart.wordpress.com | (509) 529-4744

Services include health care, harm prevention, case management, HIV/STD testing, and medication assisted treatment (MAT) options, specializing in marginalized/stigmatized communities.

Columbia Basin Health Association

cbha.org | (509) 331-0150

Delivers no and reduced-cost primary care, behavioral health, dental, and pharmacy services.

Creative Counseling

creativerecovery.clientsecure.me | (509) 302-2788

Trauma-informed, evidence-based therapy using clinical skills and creative art-based tools to support mental health and recovery.

Good Samaritan Ministries

gsmtcwa.com | (509) 946-3539

Faith-based counseling, support groups, classes, and craniosacral therapy.

Grace Clinic

gracecliniconline.org | (509) 735-2300

Free medical, dental, and limited mental health services, with referrals for substance use disorder treatment.

Hope Medical

hopemedicalwa.com | (509) 396-7737

Pregnancy testing, counseling & support; ultrasounds; STD testing and treatment.

Lourdes Behavioral Health

yourlourdes.com/behavioralhealth | (509) 943-9104

Provides inpatient and outpatient behavioral health care, including addiction treatment services.

Planned Parenthood

plannedparenthood.org | (866) 904-7721

Reproductive health care, STI testing, and treatment referrals.

You Medical

youmedical.org | (509) 491-1101

Free confidential pregnancy testing, ultrasounds, STD testing and treatment, and pregnancy counseling and support.

RESIDENTIAL & SOBER LIVING PROGRAMS

4th Dimension Living

www.fourthdimensionliving.org | (509) 713-9462

Faith-based sober living homes offering structured, substance-free environments to support ongoing recovery.

Elijah Family Homes

elijahfamilyhomes.org | (509) 943-6601

Supports self-sufficiency for those in addition recovery through stable-housing and case management services.

Introducing You

introducingu2u.com | (509) 221-1765

Recovery residence for women offering counseling, peer support, life skills training, and employment assistance.

Oxford House

oxfordhouse.org | oxfordvacancies.com

Peer-run sober living houses that provide safe, affordable, and self-supportive housing for individuals in recovery.

Seasons Housing

seasonshousing.org | (509) 405-1815

Provides transitional and permanent housing options for individuals in recovery or exiting treatment.

Victory Homes

votricities.com | (509) 987-5131

Faith-centered residential recovery program providing housing, life skills, and spiritual support for addiction recovery.

OTHER SUPPORT SERVICES

Community Minded

communityminded.org | (509) 316-4389

Education and family support for those affected by substance use.

Domestic Violence Services of Benton

& Franklin Counties dvsbf.org | (509) 582-9841

Provides safe shelter and advocacy for survivors of domestic violence.

Mirror Ministries

mirror-ministries.org | (509) 212-9995

Support for juvenile survivors of sex trafficking.

United Way of Benton and Franklin County

uwbfc.org | (509) 783-4102

Funds and connects community programs that include recovery support services.



Chipping in Fore Families Elijah Family Homes 6th annual Golf Tournament

Friday, June 5th
at Horn Rapids Golf Course
2800 Clubhouse Ln
Richland, WA 99354

Format:
Four Person Scramble

Schedule of Events:
7:00 am Check in
7:30 am Shotgun Start
Lunch is included
with awards and
a silent auction

